The Lemon Grove REVIEW

Vol. 42, No. 3 | Serving Lemon Grove and nearby communities | Thursday, August 17, 1989 | 25¢

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  "The Abyss"

County Supervisors' land use sessions air on Cable TV starting August 2

Debut also set for county video facility

Cable TV coverage of public meetings of the San Diego County Board of Supervisors was expanded as of August 2 when cable systems throughout the region added gavel-to-gavel coverage of Wednesday land use sessions to their broadcast schedule.

Since 1980, the Supervisors' regular Tuesday morning meetings have been taped and cablecast at 7 p.m. Those meetings will continue unchanged. The Wednesday planning and land use meetings will air at 10 p.m. Both sessions will be carried by ITV-The Learning Channel.

"Cablecasting of the Wednesday land use sessions is of special importance to citizens living in the unincorporated areas of San Diego County," said Board Chairperson Susan Golding. "It is at these meetings that Supervisors and staff discuss issues and make decisions which affect the lives and the neighborhoods of thousands of people, most of whom live great distances from the Board chambers in downtown San Diego," she noted.

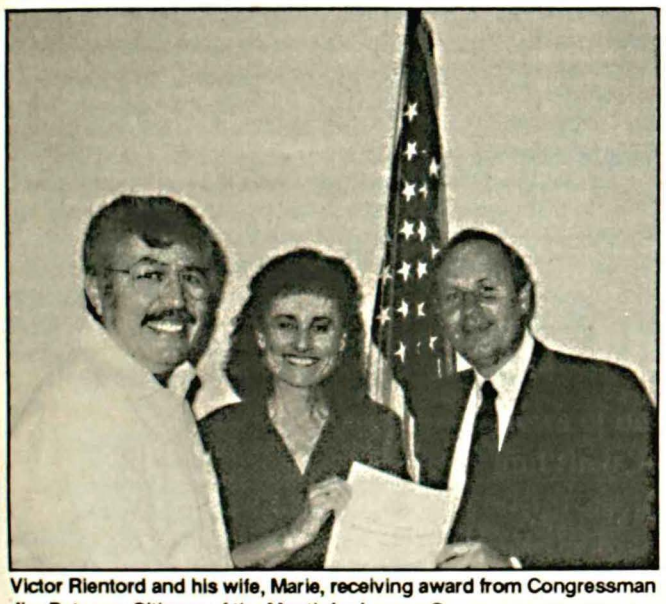
Supervisor Brian P. Bilbray, who first proposed the Wednesday TV coverage during his State of the County message in 1987, said: "The impact of planning decisions often is of greater interest to County residents than another issue. By televising the land use meetings," he stated, "affected communities will now have the ability to properly monitor our land use decision-making."



Tufa (pronounced "toofah") are rock-like spires along the shore of Mono Lake formed when fresh spring water bubbles up through the salty lake bottom. They consist of calcium carbonate and indicate the fallen lake level, for they should be under water. Story on Page 7.

Photo by Viewfinders

Congressman Bates announces selection of Citizens of the Month for Lemon Grove



Victor Rientord and his wife, Marie, receiving award from Congressman Jim Bates as Citizens of the Month for Lemon Grove.

Congressman Jim Bates announced his selection of Marie and Victor Rientord as the Forty-Fourth Congressional District's Citizens of the Month for Lemon Grove.

Marie and Victor Rientord were both born in Los Angeles. In 1978, the couple moved to the San Diego area. Today the Rientord's have seven children and eleven grandchildren.

Marie Neumeier Rientord began her career in counseling as a school counselor at Wesley Gaines Elementary School in Paramount, California. There she went to Rio Hondo Community College in Whittier where she was a counselor.

In early 1980, she began working at Parkway Junior High School in La Mesa as a counselor. then, in 1983, she became a bilingual counselor for the La Mesa-Spring Valley School District.

While working for the La Mesa-Spring Valley School District, Marie Rientord founded the Bridging Institute in El Cajon in 1981. Currently, she is the Institute's Director, and she holds workshops and counseling sessions in English and Spanish for individuals, couples and groups.

Marie is currently the Director of Family Services at the Children's Foundation where she effectively utilizes the skills and knowledge she has acquired over the past two decades.

Victor Rientord began his career in accounting in 1979. He worked as an accountant for the Community Crisis Center. Subsequently, he became Controller and Deputy Director of Administrative Services for the Chicano Federation of San Diego County, Inc.

Additionally, he worked as controller of Dunn, Lee, Smith, Klein and Associates of National City, and he served as Director of Business Administration for Catholic Community Services. Victor now runs his own company, Discount Bookkeeping Services.

Victor is the president of both the Children's Foundation and the Bi-National Committee for the Defense of Children's Human Rights. He is also a member of the San Diego Community Council on Child Abuse.

CTS offers Grossmont College students free ride on county bus

Some Grossmont College students will be getting a free ride next month- and school officials couldn't be happier.

The free ride comes in the form of a limited-issue San Diego County Transit System (CTS) pass which will allow students to get to and from school from August 21 through September 22 without the usual seventy-five cent charge.

The County of San Diego Department of Public Works (DPW) and Grossmont College are working hand in hand on the project. Both parties hope the temporary plan will encourage students to use alternate means of transportation and help the school's current parking crunch.

County Public Works Director Granville M. Bowman said many students already have realized the convenience of the CTS bus routes, especially as parking and traffic volumes swell at all the region's colleges and universities.

"The routes we offer drop riders off right at the campus and run with the frequency and locations that will fit most any student's schedule," said Bowman. "It takes a lot less time than circling the parking lots and walking to class."

According to Larry Watt, senior transportation specialist for the County's DPW Transit Program, the special bus passes are being issued by the CTS and will be valid on all East County Routes which make up part of the County's Suburban Fixed Route Service. Those routes include 854 and 858, which provide direct service to the college from Lakeside, Santee, La Mesa, El Cajon, Rancho San Diego and Casa de Oro.

All County buses serving East County are air conditioned and equipped with wheelchair lifts.

Students can obtain the passes from the school's security office, cashier or student government office. CTS will also supply students with information on the easiest ways to get to and from classes using public transportation.

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San Miguel Fire Log

August 3, 1989
8800 blk. Hillslope. Female, broken wrist.
2400 blk. Hilton Head Pl. Female, medical aid.
Cuyamaca/Eucalyptus. Vehicle fire. Cause, leaking fuel on hot manifold. No damage.
2900 blk. Jamacha Rd. Male, unknown medical.
10600 blk. Queen Ave. Smoke check.
3500 blk. Helix St. Female, numbness in arm.
800 blk. Maria Ave. Female, diabetic problem.
3700 blk. Avocado Blvd. Female, medical aid.
Jamacha Blvd/San Diego. Auto accident, minor injury.
8800 blk. Tyler. Auto lockout.
Jamacha Blvd/Sweetwater Rd. Auto lockout.
Jamacha Blvd/Whitestone. Unable to locate.
8800 blk. Hillslope. Male, broken wrist.

August 4, 1989
10000 blk. Sierra Bonita. Male, possible heart.
3400 blk. Glen Drive. Female, overdose.
9500 blk. Montemar. Cancelled en route.
Bancroft/Avocado. Electrical short in vehicle, no fire.
Orville/Brucker. Vehicle fire. Brake friction causing small fire.
2500 blk. Royal St. James. Male, medical aid.
3100 blk. So. Barcelona. Male, medical aid.
3500 blk. Quailview. Male, medical aid.
9500 blk. Montemar. Illegal burn.
Ivy St/So. Barcelona. Males, assault.

August 5, 1989
3000 blk. Chipwood Ct. Male, fall from wheelchair.
Cristobal/So. Granada. Non-injury auto accident.
1500 blk. Woodpine. Male, heart attack.
10200 blk. Madrid. Female, medical aid.
3000 blk. MacLane. Male, head injury.
900 blk. Gillespie Dr. Female, assault.
9000 blk. Joan St. Unattended food on stove. Damage, $200.
14300 blk. Jamacha Hills. Non-injury auto accident.
3200 blk. Chelsea Park. Female, high fever.
2100 blk. Citrus Tree Ln. Female, back injury.
4200 blk. Grand Ave. Female, chest pain.
4900 blk. Mt. Helix. Female, medical aid.
3800 blk. Helix St. Female, chest pain.

August 6, 1989
9700 blk. Campo Rd. Unknown medical pain.
Jamacha Rd/Grand Ave. Non-injury auto accident.
3300 blk. Helix St. Male, possible stroke.
10000 blk. Campo Rd. Male, head injury.
4300 blk. Crestview Ln. Male, possible stroke.
200 blk. Charise. Male, possible heart.
10300 blk. Fuerte Dr. Person down, unable to locate.
8400 blk. Stansbury. Newspaper collection bin fire.
9000 blk. Campo Rd. Male, medical aid.
11600 blk. Calle Albara. Food left on stove, no damage.
Jamacha Rd/Darby. Rollover, minor injury.
Enfield/Osage. Non-injury auto accident.
9200 blk. Birch. Female, difficulty breathing.
3900 blk. Conrad Dr. Male, chest pain.
600 blk. Pecos. Reported water leak, no damage.

August 7, 1989
900 blk. Gillespie. Unknown medical.
1600 blk. Canyon Dr. Dumpster fire.
2500 blk. Sweetwater Rd. Female, difficulty breathing.
800 blk. Conception. Male, medical aid.
3600 blk. Avocado Blvd. Male, medical aid.
1400 blk. Whitestone. Male, heart attack.
8900 blk. Jamacha Rd. Female, medical aid.
Paradise Vly Rd./Worthington. Auto accident, minor injuries.

August 8, 1989
8900 blk. Harness. Female, difficulty breathing.
9400 blk. Dehesa Rd. Non-injury auto accident.
3200 blk. San Carlos. Grass fire, no damage.
Austin Dr/Sweetwater Sprgs. Blvd. Vehicle fire. Malfunctioning pulley causing drive belts to overheat. Damage, $100.
9500 blk. Summerfield St. Male, difficulty breathing.
8700 blk. Valencia. Male, medical aid.
10900 blk. Dutton. Public service.
800 blk. Sacramento. Female, dog bite.
9000 blk. Campo Rd. Female, medical aid.


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WEATHER

The following information was provided by the Lemon Grove Fire Department:

	High	Low
August 5	87	65
August 6	86	62
August 7	82	67
August 8	78	67
August 9	80	66
August 10	84	67
August 11	87	66

The precipitation this year-to-date is 5.65 inches. Last year for the same period, the figure was 13.10 inches.

Birth announcements

Birth Announcements are provided by Grossmont Hospital for the following area residents:

Lemon Grove
August 2, 1989
Tabitha Nichol
7 pounds, 5 ounces
Anna & Russell Hadley

August 6, 1989
Dustin Bleu
9 pounds, 6 ounces
Cheralaine & Mark S. Cornish

Marissa Leeann
8 pounds, 8 ounces
Catherine & Wayne Aymar

Spring Valley
July 31, 1989
Courtney Saree
7 pounds, 1 ounce
Theresa & John Horn

Clinton Allan
8 pounds, 10 1/2 ounces
Laurie & Roger Hakeman

August 3, 1989
David Jack
7 pounds
Pamela & Robert Lyon

Neal Patrick
7 pounds, 10 1/2 ounces
Priscilla & Padraic Fox

Scott Irvin
7 pounds, 6 ounces
Gail & Brad Strackbine (Jamul)

Aubrey Anna
8 pounds, 12 ounces
Heather & Philip Crocker

August 4, 1989
Nathan Robert
6 pounds, 4 ounces
Jacqueline Schoonover & Daniel Staiger

August 5, 1989
Renee Teadora
6 pounds, 8 ounces
Romelia & Joseph Harrison

August 6, 1989
Ana Karen
8 pounds
Maria & Fidel Luevano

Alexander Michael
7 pounds, 9 ounces
Antonie Kim Stephens-Doll & Robert M. Stephens (Jamul)

Sheriff's Dept. Log

Deputies of the Lemon Grove office of the County Sheriff's Department were investigating these burglaries which occurred last week:

2500 blk. Cypress. Unlocked rear door. Ladies watch, $239.63.
7200 blk. Mt. Vernon St. Removed bedroom screen. Nintendo, $80; cable box, $165; Nintendo game, $45; VCR, $100.
1800 Massachusetts Ave. Cut lock. TV, $400; Video recorder, $200; video recorder, $350; visa camera, $1,200; pendant, $800.
3400 blk. Washington St. Broke rear window. Vacuum, $150; TV, $25; calculator, $25, tray, $100.
1900 blk. Massachusetts Ave. Forced window open. TV, $50; iron, $20; clock radio, $10; clock radio, $40.

Lemon Grove Fire Log

August 4, 1989
3500 blk. Corona. Medical aid, boy fell from roof.
3200 blk. College Place. Medical aid, child with seizures.
3200 blk. Main St. Medical aid, reaction to unknown substance.

August 5, 1989
3200 blk. College. Medical aid. Female, possible heart attack.
7100 blk. Waite, La Mesa. Automatic aid, male tore stitches.
West 94 @ College. Medical aid, vehicle accident–single vehicle.
3700 blk. Massachusetts. Automatic aid, reported vehicle fire.
West 94 @ Massachusetts. Vehicle fire in passenger compartment.
3700 blk. Harris, La Mesa. Automatic aid, female with abdominal pains.

August 6, 1989
3700 blk. Massachusetts. Automatic aid, difficulty breathing.
3500 blk. Olive St. Medical aid, female with serious backpain.
2200 blk. Massachusetts. Medical aid, difficulty breathing.
8200 blk. Broadway. Vegetation fire, cancelled by Sheriff.
7100 blk. San Miguel. Medical aid, infant with 2nd degree burns.

August 7, 1989
7900 blk. Broadway. Medical aid, female experiencing dizziness.
7600 blk. Blackstone. Automatic aid, small vegetation fire.
6800 blk. Federal. Medical aid, vehicle accident.
2500 blk. Sweetwater, San Miguel. Automatic aid, female with dizziness.
Golden & Acacia. Medical aid, auto vs. bike.
East 94 & Lemon Grove Ave. Vehicle accident, car hit from behind.
330 Falcon Fire, San Diego. Automatic aid, ringing alarms.
Mt. Vernon & Peppermint. Medical aid, vehicle accident.

August 8, 1989
8200 blk. Lemon Grove Way. Medical aid, vehicle accident.
7900 blk. Lemon Grove Way. Medical aid, motorcycle accident.
Madera & 69th. Vegetation fire, small grass fire.
8300 blk. Broadway. Medical aid, female with difficulty breathing.
3200 blk. San Carlos, San Miguel. Automatic aid, cancelled en route.

August 9, 1989
North & Lemon Grove Ave. Medical aid, male with lacerated arm.
7300 blk. Daytona. Odor check, neighbor spraying insectiside.
Station 16, San Miguel. Automatic aid back-up.
3700 blk. Hilltop. Medical aid, female with lacerated hand.

August 10, 1989
2600 blk. Nina. Medical aid, DOA, coroner's case.
3700 blk. Massachusetts. Medical aid, female with difficulty breathing.
1600 blk. Taft. Medical aid, suicide attempt.
1800 blk. Ensenada. Medical aid, boy with lacerated leg.
Mt. Vernon Elementary School. Medical aid, cancelled on arrival.
7200 blk. Broadway. Medical aid, vehicle accident, non-injury.
8700 blk. Troy, San Miguel. Automatic aid, structure fire, cancelled.
2200 blk. Peachtree, San Miguel. Automatic aid, structure fire, cancel.
3700 blk. Massachusetts. Vehicle fire, extinguished upon arrival.

August 11, 1989
West 94 & Spring St. Vehicle accident, motorcycle vs. auto.
7100 blk. Waite, La Mesa. Automatic aid, medical aid, heart problems.

USE HANDY SUBCRIPTION AND CLASSIFIED COUPONS ON PAGE 11

New nursing text completed

"My single greatest joy will be teaching out of my own text at Grossmont College in the spring of 1990."

Joseph Davie, Associate Professor of Nursing at Grossmont College, has written his first textbook on critical care nursing titled: Textbook of Critical Care Nursing: Diagnosis and Management. The text, which is over 1,000 pages, is comprehensive and covers each body system while analyzing the process of critical illness in each body system. Critical illness refers to life-threatening illnesses which are managed by nurses in intensive care units.



Lynne Thelan



Joseph Davie

Writing a book, Davie says, demands most, if not all of your time. He compared writing a book to marriage in that both are extremely demanding of one's time. Though an exhausting endeavor on Davie's part, he found the process to be very exciting. Davie says that his book has a unique approach in that " ... it explores nursing diagnoses and treatment strategies as well as medical diagnoses and treatment strategies." Davie said his concept in writing the book was to create a textbook that he would want to teach from. He added that the book reflects the current expanding role of the professional nurse.

Davie has been teaching in the nursing department at Grossmont since 1981. He received his B.S.N. from Regis College in Denver, and his M.S.N. from University of San Diego. Davie's writing endeavors began five years ago with four other nursing colleagues from Grossmont College contributing to his book. Contributors are: Lynne Thelan, JoAnn Clark, Katherine Fortinash and Tom Oertel.

Lynne Thelan, who Davie says is responsible for spearheading the book's beginning, was responsible for developing Grossmont's critical care program in 1983. Once a full-time nursing instructor at Grossmont, Thelan's role as chief editor of the book has kept her busy for the past five years. Aside from writing, reviewing and spending countless hours in UCSD's medical library researching, Thelan has a two-year-old to care for. Although the book is near the final stage of completion, Thelan says she'll begin work on the book's second edition in about 18 months.

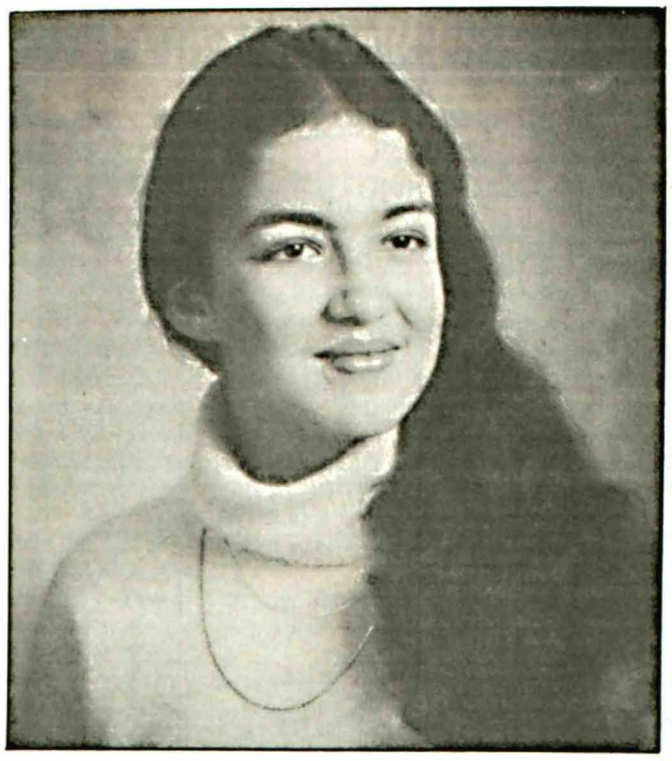
Before tackling the book's next edition, Thelan would like to begin writing a children's story. Thelan received her B.S.N. from Pepperdine, and her M.S.N. from UCLA.

Medina interns in Paraguay

Elena McCollim Medina, daughter of Richard and Dora McCollim of Lemon Grove, recently began a one-year internship with Catholic Relief Services in Paraguay. Medina, a 1986 graduate os the University of California- Berkley, will receive her M.A. from John Hopkins School of Advanced International Studies in 1990.

In Paraguay, Medina will gain field experience in development work with CRS, which is the international relief and development agency of American Catholicism that works in 68 countries. Assistance is given strictly on the basis of need.

"I believe that we in the U.S. can overcome barriers of geography, culture and economic condition to become allies of the poor in their search for a decent life, for our sake as well as theirs," Medina said before leaving for Paraguay. "I believe CRS is responding to its mandate to care for our brothers and sisters and I hope to contribute in any way possible to this work."



Special election held in 76th

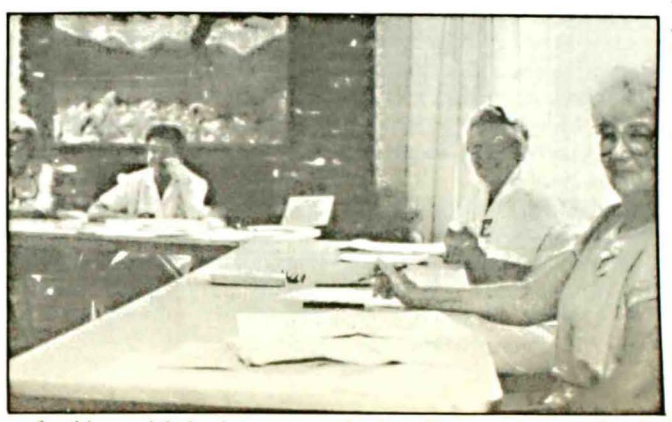
Story by Richard Garcia
Photo by Elaine Garcia

Spring Valley, along with other sections of San Diego and Riverside counties, went to the polls on Tuesday, August 8, to elect a replacement for the late 76th Assembly District Assemblyman Bill Bradley, R-San Marcos. The special election listed eight Republicans and two Democrats competing for the vacancy.

Volunteers managing the Spring Valley polling center at Sweetwater Lodge on Jamacha Blvd. expected a low voter turn out for this special election.

Wednesday morning's tally result showed that Tricia Hunter eeked by fellow Republican Dick Lyles by 200 votes, while overwhelming Jeannine Correia, the leading Democrat contender, by about 12,000 votes.

Hunter and Correia will go head-to-head on October 3 in a runoff election for the vacant seat in the 76th Assembly District.



Heirloom birth certificates offered

The State of California has launched a new program that will benefit abused and neglected children. Californians can now purchase "Heirloom Birth Certificates" for $30, proceeds from which will be added to the State Children's Trust Fund.

The State Children's Trust Fund finances innovative child abuse prevention and intervention programs throughout California. The Trust Fund is administered and overseen by the State Department of Social Services' Office of Child Abuse Prevention.

"This is a wonderful opportunity for Californians to help abused, neglected and abandoned children," said Linda McMahon, the Department's Director.

"By purchasing an Heirloom Birth Certificate, people can have something very special for themselves and at the same time know that they will be supporting the State Children's Trust Fund. The Trust Fund is an important financial resource for many creative programs dealing with child abuse treatment, prevention and intervention."

About $1 million each year is made available to combat child abuse as a result of the Trust Fund.

The State Children's Trust Fund was originated in 1982, and has financed educational videos and special innovative projects, programs and research in the area of child abuse. For example, four programs to address the needs of substance-exposed infants are currently in the contract procurement process.

Senator Don Rogers (Republican from Bakersfield) authored legislation creating the Heirloom Birth Certificate Program. Governor George Dukmejian signed the program into law last year.

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Lemon Grove Review

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Meisterbrau	40¢
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Commentary

by Max Goodwin

Money laundering?

It sounds a bit innocuous but don't be fooled.

Money laundering is handmaiden to drug dealing and drugs have become the world's most destructive, divisive and vicious crimes ever perpetrated on humans.

Without money laundering networks, racketeering would be diminished greatly worldwide.

"Money Laundering—It's a Dirty Business" opens the eyes of the unsophisticated in the August 21 issue of *INSIGHT*. In a 10-page cover story, *INSIGHT* reveals names places and methods used in drug-dealer money laundering operations.

INSIGHT is a top-quality, weekly, provocative magazine published by the Washington Times and distributed nationwide.

In the interest of encouraging readers to recognize the vastness and the profits made by dealers and money-washers, we refer to some of the information in *INSIGHT*'s current issue.

Laundering networks almost exclusively handle drug-produced money from drug dealers.

Is it big business? In Los Angeles approximately $3 million a day goes through the laundering process. Nationwide, hundreds of millions of drug money is collected and hidden away by dealers. Traffickers disguise the money as legitimate income through the use of the wash network.

Traffickers use banks, auto dealerships, pizza parlors, restaurants, electronics sales firms, delis, repair shops, fresh vegetable stands and other cash-flow operations as fronts. Profits are such that some launderers have even purchased banks for the purpose.

According to *INSIGHT*, the invention of crack cocaine in the past decade has brought a huge surge in dope demand. The new drug came mostly from Latin America.

Drug dealers rarely wash their own money. They want to put as much distance as they can between the drug and the money. Launderers happily filled the void for them. A new breed of specialists emerged to enjoy the profits on some of the $300 billion washed world-world annually. It is estimated that $109 billion of it is handled in the U.S.

The sheer bulk of the drug use is staggering. One laundering operator was grabbed in New York earlier this year loading $19 million in small bills (street sales are normally in $20 bills). The launderer had to get a tractor-trailer, the only vehicle large enough to carry the cargo.

A law enforcement officer noted that $109 billion in $20 bills would weigh 26 million pounds! A different source said that in Florida, where the action is very big, washers separate the bills into like sizes, then weight the piles.

Money is laundered in foreign banks but traffickers are fairly safe in the U.S. if they keep their laundry below $10,000. Deposits of $10,000 or more must be reported to the law.

Making anti-drug inroads by pooling resources and expertise in the drug laundering rackets are the Justice Department, the Drug Enforcement Administration, the Customs Service, the Internal Revenue Service and the other federal local agencies.

INSIGHT's 10-page (plus cover) feature names names, gives locations and tells of the progress law enforcement is making since they pooled their effort.

We encourage those interested in learning of the scope and effect drug laundering is making on dope users and dealers, and of the progress being made by law enforcement, to subscribe to *INSIGHT* starting with the August 21, 1989 issue. Send a check ($25.50) for a year's (51 issues) subscription to INSIGHT, P.O. Box 91022, Washington, D.C. 20090-1022. *INSIGHT* is an operation of the *Washington Times*. It covers worldwide matters a la *TIME* and *USA Today*.

From Where I Sit

by Frank Andrews

It's a Jungle Up There

Recently we made another 3,000 mile trek to our "Canadian Hideaway" cabin. Our annual summer vacation has not become so annual due to health and financial reasons. It is hard to believe that we could have made such a trip each year for the past 18 years, staying for at least 3 months.

Although work was scheduled daily to spruce the place up and make the usual minor home repairs, my wife, Willie and I managed to do some spectacular fishing. "Hey Mom, when we get old, can we slow-up long enough to enjoy our shangrila in the wild?" I asked.

"You're so old now you can hardly get around to see anything," Willie replied.

She was right, as I did spend most of the time just sitting on my big "veranda" which is a deck of the cabin only about 20 feet from the water's edge.

Each year that we have been to Canada, Willie feeds all the wild ducks in the area, mostly mother ducks with their ducklings. I kid her, "It isn't the cost of the plane fare but the cost of the sacks of cracked corn we buy for your 'fine feathered friends' that make the trip so expensive." Those poor ducks will be "cannon fodder" come hunting season as she has them (40 or 50 at a time) so tame they eat out of her hand.

From my picturesque vantage point, I observed birds and animals that I had missed all those years. I guess life is like that; you struggle to make it all your young life and forget to "smell the roses" along the way, until it's too late.

Besides Willie's fat ducks, I enjoyed watching many other birds and animals: humming birds by the dozens hovering over the feeder; muskrat, beaver, otter and four young mink pups playing under our dock. One evening, just about dusk, two big loons were putting on their mating ritual. It was a beautiful synchronized water ballet that would make the Olympic stars take notice. Huge bass and pike were jumping for bugs in the mirror-like waters.

At dawn, and with my rocker facing toward the woods, I observed a female deer feeding in our garden, two partridge were watching over their chicks and a huge porcupine was scurrying up a fir tree. The squirrels, chipmunks, gopher and rabbits could be seen almost anytime doing their thing.

In years past, I have seen bears, wolves and moose across the little bay from where our cabin is located. One time I jumped in our boat and raced across the bay to get a closer look at a moose that was in the water to get relief from the pesky 747-sized mosquitoes.

He let me get alongside of him before he proceeded to emerge from the water. His size was scary and I now know what "big as a moose" really means.

In late evening just before dark, we go to the dump (an area set aside for refuse) not only to get rid of our garbage but to watch the bears that come in to scavenge for food. They mind their business and we mind ours; so far, no problems.

The only confrontation I have ever had with the wild ones was the time a mama skunk tried to make her nursery under the cabin. She got real gutsy and tried attacking right up on the front porch, determined to have her babies at our place. Only by constant harassing with a broom did we finally get rid of the fat mama. Willie remarked, "If she stays, think of all the room deodorant we will have to buy."

This summer's vacation, with my more critical observation of God's amazing legacy of wildlife, left me with an appreciation that I had not felt before.

Baha'i Faith offers perspective on peace

We are all looking for a direction to guide us toward world peace. Throughout the centuries people of goodwill have inclined their hearts, seers and poets have expressed their vision, and the sacred scriptures of mankind have held their promise to this "Great Peace." It is now within the reach of the nations. For the first time in history it is possible to view the entire planet, with all its different peoples, in one perspective.

The scientific and technological advances occurring in this unusually blessed century signify a strong increase in the social development of the planet, and provide us with the basis by which we can solve the world's practical problems. Yet barriers persist. Doubts, suspicions, prejudices and narrow self-interest attack nations and peoples in their relations to one another.

There are spiritual principles, or what some call human values, by which solutions can be found for every social problem. The central value, or principle around which all others resolve concerns the "oneness of humanity." Unless and until we accept this essential principle, establishing world peace would be impossible, much less peace within our own community. In addition, we must work towards the following: eliminate racism; eliminate extremes of wealth and poverty; eliminate religious strife; establish the equality of men and women; promote universal education; and adopt a universal auxiliary language.

All the spiritual and moral qualities required for effecting this momentous step toward peace are focused on the will to act. And towards encouraging this intent, earnest consideration must be given to the reality of man, namely, his thought.

To understand the significance of man's thought is also to appreciate the social necessity of actualizing its unique value through candid, dispassionate and cordial consultation and of acting upon the results of this process.

Let it be this generation that inaugurates this glorious stage in the development of human society. World peace is not only possible but inevitable. It is the next stage in the evolution of this planet.

This article is based on the statement, "The Promise of World Peace," written by the Universal House of Justice, the world administrative body of the Baha'i Faith. The statement in its entirety is available by writing to the Baha'is of Lemon Grove at P.O. Box 1107, Lemon Grove, CA 92045.



Photo by Bonnie Cashmere

Golden Avenue classrooms receive reprieve from noise

by Julie McCawley

A $49,000 sound abatement wall will soon protect some of Golden Avenue School's classrooms from street noise.

Because of their close proximity to the Lucky/Thrifty Shopping Center, classes are sometimes disturbed by outside noise.

The 8-foot high and 233-foot long wall has been contracted to Clyde Enterprises and should be completed within a few weeks.

Contributions from all members of the community are welcome in the form of guest editorials, letters to the editor or press releases.

Spring Valley youth attends 'Summer Adventure'

Gene Ebbert, 17, struggles to raise the jib, his hands a blur of motion as he cranks the handle on the winch. The sail slowly climbs until it reaches the top of the 70-mast. It fills with wind and the 71-foot sailing catamaran Canvasback is under way. Ebbert glances out over the San Francisco Bay, his face showing pride in a job well done. Ebbert is on "Summer Adventure '89."

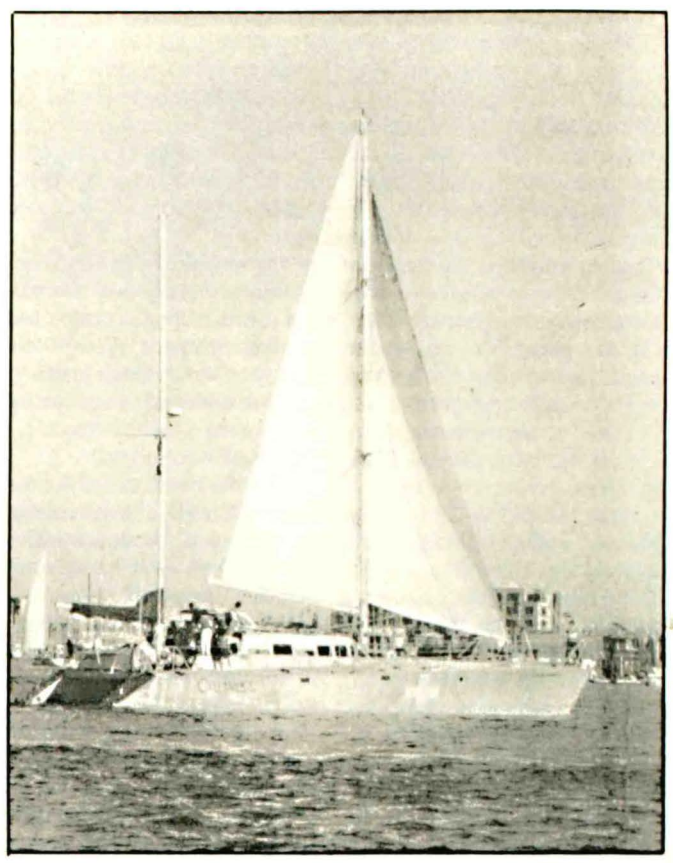
"Summer Adventure '89" is a Christian youth training program designed to teach leadership skills in the context of sailing and the sea. Besides learning how to sail, cadets learn what leaders in the bible have done under stressful situations and how to adapt those situations to their daily lives. Cadets give up on week of their summer to Canvasback Missions and in return get 6:30 a.m. calisthenics, cold showers, long days and frightening new situations. They also learn to work as a team, make decisions and take responsibility.

It's Wednesday morning, mid-point of the eight-day program. Cadet hands struggle to trim the sails. A flood of terms swirl through their heads: jibe, tack, starboard, port, luff, close-hauled, broad reach. Ebbert is standing lookout on the front of the ship in accordance with the rotating cadet schedule. He has experience every station on board including the galley and is beginning to feel comfortable in a variety of sailing situations.

Ebbert, who lives at 9054 MacLane, Spring Valley, says he came to the program because he "likes sailing and wants to become a better Christian." He days that not only has he learned to sail, but he now has "invaluable experience hanking line."



Ebbert concentrates on holding a line taut while Arlan Monroe, Youth Coordinator, looks on.



Canvasback during a sail demonstration.

"The most exciting thing that has happened to me so far is being chosen captain for a time. That's also the worst thing that has happened to me!"

One highlight of Ebbert's trip was the rescue of a man overboard (a bucket sea anchor tied to a lifejacket), and though it took the cadets some time to affect the rescue, once they started to work as a team they discovered they could get the job done.

Another memory came when the officers and staff "mutinied" on the way to Alcatraz, leaving the cadets to sail the ship. Canvasback made it back to port at Treasure Island that night, but not before the "mutineers" again took control!

"I don't think this experience is for everyone," Ebbert says. "People who aren't willing to work hard and work together as a team wouldn't make it. Also, you have to be willing to accept criticism and learn from it instead of getting mad."

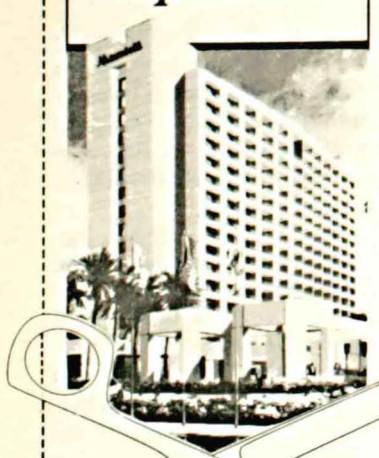
Canvasback Missions is a non-profit organization based on the West Coast that provides free medical and dental care and health education in the Marshall Islands of Micronesia. The volunteer–built, aluminum–hulled mission catamaran Canvasback can navigate in as little as 3 1/2 feet of water, making it one of the few vessels able to reach the Marshall Islands outer atolls.

The vessel completed her third season and left the Marshalls in June for the 29-day voyage home. Canvasback arrived in port in Benicia, Calif., just in time to begin the youth program on July 23. for more information about "Summer Adventure '89" or Canvasback Missions, call (707) 746-7828.

The sun is low in the sky as Ebbert takes the helm. The cadets have been practicing what they've learned over and over until the movements are becoming natural, the reactions automatic. the lookout sees a tugboat off the port side of the bow and signals back to the cockpit.

Ebbert shouts from the helm with authority and commands are skillfully carried. Sails flap, rigging runs, cadets scurry and the boat changes directions. As the tug passes to one side, Gene Ebbert alters course and heads for home.

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At Foothills United Methodist Church there are singles groups for all ages

There are three active singles groups at Foothills United Methodist Church, 4031 Avocado Blvd. La Mesa. They are:

Y.E.S. - Young, Energetic Singles. Ages 30- 50. Meets every Sunday in the choir room, 6:30 p.m. to 8 p.m.

E.Y.E.S. - Even Younger Energetic Singles. Career/College group will meet starting Wednesday September 6, 7 p.m. in the youth lounge. The E.Y.E.S. group will meet every Wednesday night with good speakers or topical discussions. There will be many fun social activities. All young adults are invited to attend.

X.Y.Z. - Xtra Years of Zest. Another new singles group for those in the 50's and above. This group will meet the first Tuesday of every month beginning October 3 at 7 p.m. in King Hall. There will be many social events and fine programs for their growth and entertainment.

Joe Freed on the Movies

"The Abyss"

When writer/director James Cameron began casting for "The Abyss," he told actors he "wouldn't even discuss a part with them unless they (1) like water, (2) are not claustrophobic and (3) agree to spend a very intensive week in scuba training."

After watching two hours of Cameron's epic science-fiction, emotionally experiencing freezing temperatures, incredible depths and enough closet-sized rooms to make anybody claustrophobic, I think the same guidelines should be posted outside the ticket booth.

"The Abyss" is truly a fine movie, encompassing every aspect and trait of a classic Hollywood adventure: suspense, violence, romance, mystery and the '80's addition to the adventure list, alien life forms. However, unlike the beings in Cameron's previous films, these creatures are friendly. Not the murderous, acid-for-blood types that terrorized Sigourney Weaver in "Aliens," or the unstoppable, heart-ripping, Schwarzenegger robot of "The Terminator," the aliens in "The Abyss" are more like a cross between E.T. and Tinkerbell. They're really quite stunning, as is the rest of the film.

It all begins when an American nuclear submarine has an encounter with an unidentifiable life form and, in the crew's bewilderment, accidentally runs aground on the ocean floor. Because the Navy can't get a salvage team to the sub quickly enough, an underwater mining rig anchored nearby is sent to investigate. Needless to say, things go terribly wrong and the crew must deal with a Naval officer who literally goes off the deep end (Michael Biehn), the effects of a surface storm on their mother ship, and the crippling of the rig. All hell breaks loose and a good time is had by all...in the audience that is, the actors of course spend most of their time in pain and horror.

The special effects are fantastic, spread equally over the realism of the mining operation and the fantasy of the aliens. More than once the audience could be heard in a hushed "gasp!" as the film evoked a kind of "gee whiz" spirit in all who watched.

The film is intentionally sensationalistic, with an overindulgent budget and a soundtrack which explodes with cymbals and a triumphant chorus of voices. But somehow, for all its shameless melodrama, and a few scientific impossibilities, "The Abyss" doesn't seem trite or silly. It is often touching, with an audio and visual impact whose grandeur is indeed rare.

The actors do a fine job, especially when you think of the extreme circumstances surrounding the filming; the underwater shots were actually shot underwater- inside an unused nuclear power plant which was converted to hold five tons of water. Ed Harris and Mary Elizabeth Mastrantonio were superb as the major protagonists, a husband and wife team who command the mining rig, and they both help to keep a certain human quality in the story despite the tremendous technological influence.

The ending is a bit dissapointing, for when we finally see the alien mother ship surface for the world to see...that's all. No glimpse of international reaction is to be seen, no thought of worldly conflict. But Cameron isn't to blame. 20th Century Fox had him cut the final product down from 2 hours 42 minutes to 2 hours 14 minutes, and who knows what important footage was left on the cutting room floor.

Regardless, there should be Academy Award Nominations all around- for special visual effects, film editing, sound effects, art design, sound effects editing and cinematography. "The Abyss" was well made, visually enticing, and definitely worth the $6.50.

CRITIC'S RATING: B+

Heavenly sights, sounds featured at season-ending SummerPops

Take a trip to the stars with heavenly sights and sounds when Canadian astronaut Marc Garneau joins the San Diego Symphony SummerPops for *2001: A Space Odyssey* Wednesday through Friday and Sunday (September 6-8 & 10). Garneau will present slides and motion pictures he took during his mission aboard the Space Shuttle Challenger in 1984 during this season-ending SummerPops program.

Each of the 7:30 performances, sponsored by Home Federal, concludes with a dazzling fireworks display.

Tickets range from $8.00-$20.00 are are available at Symphony Hall Ticket Office, Hospitality Point Ticket Office or by telephone from Ticketmaster at 278-TIXS.

For more information, call the Symphony Hall Ticket Office at 699-4205.

Starlight Theatre to present 'Dreamgirls'

Starlight Musical Theatre's fourth production of the 1989 season, *Dreamgirls*, will open at the Starlight Bowl August 24 and run through September 10 (There will be a reduced price preview performance on Wednesday, August 23). *Dreamgirls* will be directed and choreographed by David Thome, who appeared in the original Broadway cast, national, and international touring companies of *Dreamgirls*. He has also directed two national companies and the Long Beach Civic Light Opera's production of the show.

Dreamgirls follows the career of three young women from Chicago, Effie, Deena and Lorrell (played by Loretta Marie Chandler, Theresa Hayes and Connie Jackson), as they are guided to the top of the pop charts in the recording industry by their unscrupulous manager, Curtis (played by Tony Franklin).

Dreamgirls is filled with over 40 powerful musical numbers, composed by Henry Krieger, reminiscent of the Motown era of the early 60's and 70's. Some particular standouts from the show include the riveting "And I'm Telling You I'm Not Going," "Steppin' to the Bad Side," and the title song, "Dreamgirls."



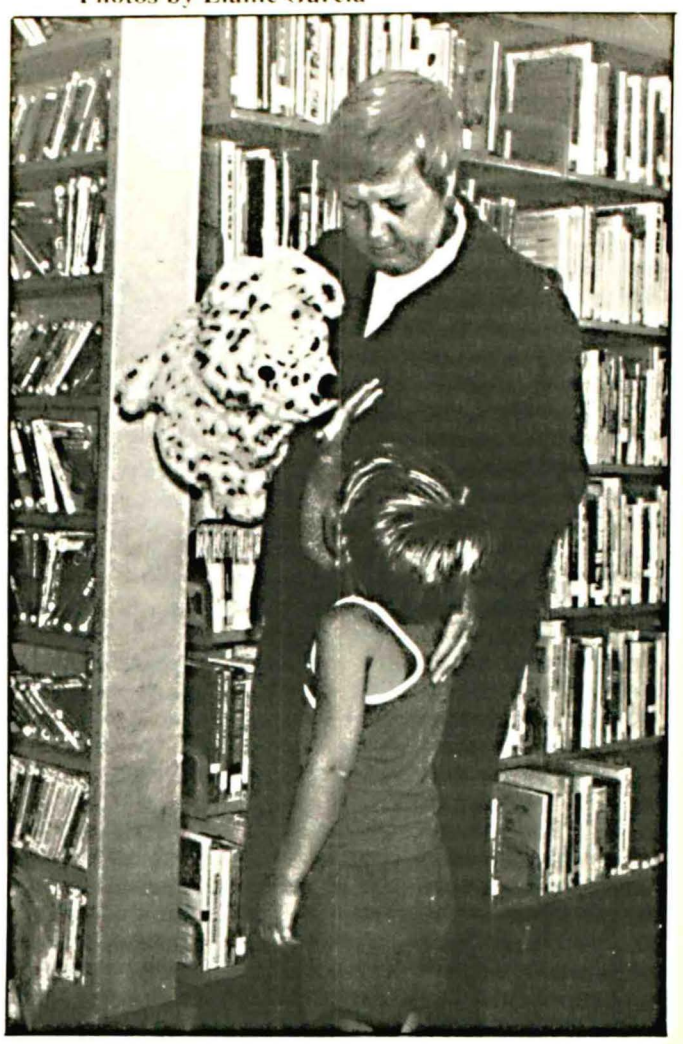
Cast members for Starlight Musical Theatre's upcoming production of the Tony award winning musical "Dreamgirls." From left to right: Ruth Terrell of San Diego, and Shouna Shoemake and Aaron Braxton of La Mesa. "Dreamgirls" will be presented at the Starlight Bowl in Balboa Park from August 23–September 10.

Dreamgirls will play for 15 performances at the Starlight Bowl, Balboa Park with the exact dates as follows: Aug. 23-27, Aug. 29-Sept. 3 and Sept. 7-10. All performances begin at 8:00 p.m.

For ticket information, including special discounts for children, students and groups, call 544-7827, Monday through Sunday, between 11:00 a.m. and 6:00 p.m.

Monstermania awards given

Story by Richard Garcia
Photos by Elaine Garcia



Ventriloquist Maggie Kerr and unidentified member of the audience during Kerr's presentation on self-esteem at Casa de Oro branch library.



A packed house of thrilled children listen intently during a recent Monstermania program at the Casa de Oro branch library.

Casa de Oro library's Summer Reading Program came to an end last Wednesday, August 2, with a 1 p.m. awards ceremony, which included live entertainment and free balloons for over 135 children and adults attending the festivities.

The annual Summer Reading Program, this year dubbed the Monstermania Reading Program, graduated 103 young readers out of an original 193 children ranging in age from preschool to 12 years of age.

Ms. Pat Buck, Casa de Oro's child librarian, stressed that many hours of preparation go into setting up the Summer Reading Program every year. The yearly event is a joint effort by the entire Casa de Oro library staff. Buck especially credits summer library aide Gloria Alicia Martinez' dedicated efforts in helping to bring about this year's Summer Reading Program.

Buck adds, "The aim of the program is to encourage children to read ten books [of their choosing] within a six week period."

Everyone who finished was awarded a San Diego Padres' baseball ticket for the Saturday, August 12, game against the Atlanta Braves and a free admission ticket to the Museum of Man in Balboa Park.

In addition, each young reader received a book bag, which included a free book donated by Friends of the Library. One grand prize, a Beast Book Bag, was awarded by random drawing to one lucky reader.

Ventriloquist Maggie Kerr provided the entertainment at the library event. Each year, Kerr develops a special show for the Library Summer Reading Club. Kerr's present show has "self esteem" as its basis. Kerr performs in schools, churches and libraries throughout Southern California.

Casa de Oro library's Summer Reading Story Time for preschoolers will begin at 10:30 a.m. on Wednesday, September 6, and will run at this same time every Wednesday through the month of September.

Who speaks for the brine shrimp of Mono Lake?

With the plethora (like that word?—excessive quantity; profusion) of bumper stickers, one stands out both for its' longevity and curious meaning: "SAVE MONO LAKE." What connection does it have with us 450 miles distant? First some background.

For nearly a million years Mono Lake has sat on the eastern slope of the high Sierra just over the hill from Yosemite. Only Tahoe is older in California. Mother Nature ruled its' shimmering blue water, 2 1/2 times as salty as the Pacific because there isn't an outlet to flush it fresh, and she set up quite an ecosystem. Brine shrimp flourish along with brine flies. They dine on the microscopic algae formed by photosynthesis. In turn birds feast on the shrimp and flies. Then all waste, including dead birds, are decomposed by the lake's bottom—dwelling bacteria. Detritus formed by the bacteria fertilizes the algae and the process continues. Quite a system!

Two islands on the lake make great sanctuaries for birds on their migrations. 50,000 California Gulls arrive in April to lay their eggs, which will hatch in June and wing their way to the tips of Baja and British Columbia. 20% of the world's gull population and 95% of California's gulls viewed Mono Lake first. American Avocets, Eared Grebes, Common Snipes, Snowy Plovers and numerous Philaropes vacation on the shores of Negit and Paoha Islands. "Negit" is the Paiute word for "Gull." These island paradises make nesting excellent; no predators.

Early man didn't upset the order. Actually they were expert naturalists, fully aware of their place in the order of things. They were the Kuzedika Paiutes: fly-pupae eaters. "Mono" means brine fly in their language. They used the sun-dried kernels much like we use our current healthful grains.

Leroy Vining, busted in the mother lode, discovered gold along the edge of Mono Lake. Old 48'ers soon swooped upon the area defoliating the forest for firewood and timbers. Over grazing, egg robbing (many diners didn't know they were having a gull omelet), and hunting of antelope and bighorn sheep to near extinction ended the Kuzedika's peaceful caretaking.

In 1907 William Mulholland, head of Los Angeles' waterworks, felt hindered by the lack of water; not for survival but for future growth. Owens River held the key to filling their immediate needs. It fed sierra snowpack into the Owens Lake. In order to finance the 240 mile long aqueduct, supporters may have used talk of a drought that never existed to sway the approval of municipal bonds.

Soon thereafter, the Owens Lake became the Owens "Dry" Lake. In 1930 the group again won approval to run the pipes north towards Mono Lake; California's dead sea (sic). 1941 saw the lifegiving water flow diverted from Mono Lake into the swimming pools and toilets of Los Angeles.

Over the years, the lake level has dropped drastically. What little water the Department of Water and Power (DWP) allows to flow into Mono Lake is less than the amount lost by evaporation. The salinity has risen to the point that the brine shrimp are classified as an endangered species. A land bridge formed to Negit Island allowing coyotes to decimate the rookery, and as the ecosystem dies more and more lake bottom is exposed. Now alkali smog is beginning to blow over large areas endangering respiratory systems of distant animals and man. What can be done? Who speaks for the gulls, the shrimp, mother nature, and man?

That was then, this is now ...

Elven years ago the conditions prompted biologist, ornithologist and ecologist David Gaines and his wife Sally, along with a dedicated following to form the "Mono Lake Committee." The California National Guard blasted the land bridge to Negit, then a fence was built. It helps a little; the gulls are coming back but the coyotes are determined. The Committee also managed to bring the Lake's plight into the limelight (as well as on bumpers) through *Audubon Magazine*, *National Geographic*, *Smithsonian* and *Life*. In 1981 the Mono Lake Tufa State Reserve was established to protect the scenic moonscape or calcium carbonite



Photo by Viewfinders

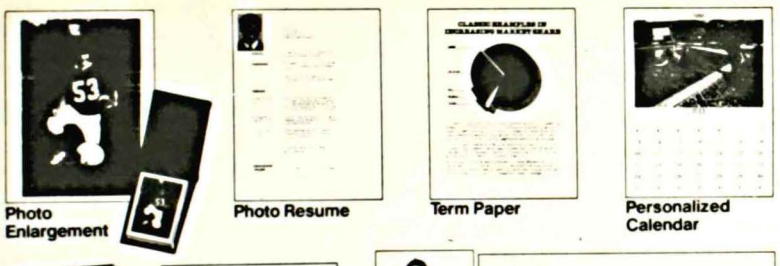
rock formed when fresh water bubbles up through the salty lake bottom. In '84 the Mono Basin was designated a National Scenic Area. Through all this good however, the diversions continue, and the Committee keeps fighting through the courts. A lake level has been agreed upon in order to stop the ecological breakdown, but the DWP would like to take greater amounts of water and test the theory. But the shrimp are dead—how do we get them back?

Here is where you come in, and our local connection. Once a year a dedicated group of around 100 bicyclists meet at the headquarters of the Department of Water and Power in downtown Los Angeles. Dipping water from the building's reflecting pool and strapping it on their bicycles, they pedal 350 miles, through L.A. smog and traffic, the heat of the Mojave Desert, along the Eastern Sierra to Mono Lake. There, after six days on their bikes, they ceremoniously pour the water into Mono Lakes, where it was originally destined. Charging at windmills for sure, but the publicity, the sight of them struggling along Highway 395, and sponsorship keeps the committee, the cause, alive. Local businessman/photo journalist Pete Smith is involved. For several years he's helped with SAG (support and gear, or gas spelled backward.) SAG volunteers sit along the route with water, energy snacks and first aide for the cyclists (one is stationed about every ten miles). This year Smith is in charge of all the SAG volunteers.

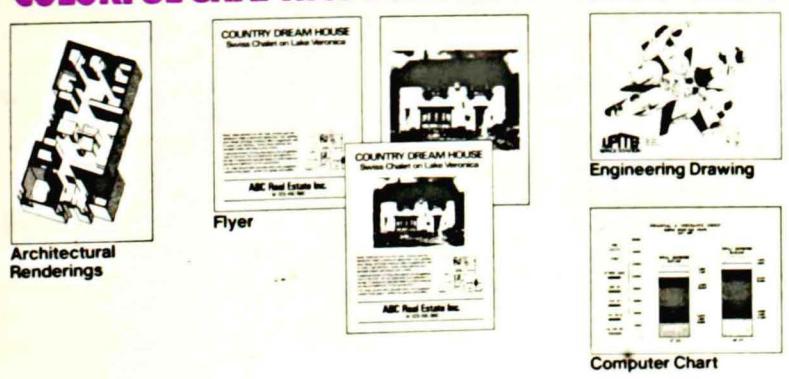
With the added honor however comes an added dilemma. While the cyclists garner funding by the mile, sag drivers do not. Their costs are paid out of the cyclists' donations. However, you can sponsor a sag stop or the ride in general. Money collected for this year's bike-a-thon (coming up Aug. 28–Sept. 2) goes to the Mono Lake Committee for the continuing fight to "SAVE MONO LAKE."

If you would like to help, call Smith at 463-7292 before August 27th.

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Upcoming Events

1st Thursday, each month. Chamber Board meeting. 5:30 p.m.-6:30 p.m.

August 17. General membership luncheon.
David Baron with the Community Mediation Center, speaker.

August 23. August Sundowner.
Hosted by Michelle McAfee at Country Hills Residential and Intermediate Care Center, 2045 Skyline Drive. 5:30 p.m.-7:30 p.m.

Chamber Spotlight

So far this month we have received new member applications from: Pacific Bell (representative–Patsy Edwards and Michelle McAfee and Barbara Flores of Country Hills (associate memberships).

Anyone who has an interest in Lemon Grove should join the Chamber. You don't have to wait for an invitation to join. Call us today. We need you to become an active member now!

Lemon Grove Baskin-Robbins now serves new frozen yogurt

31 Flavors introduces all-natural creamy desserts

Frozen yogurt has become one of the favorite desserts of today's health-conscious Americans. And according to Glen Hutchinson, owner of the Lemon Grove Baskin Robbins franchise, yogurt lovers in Lemon Grove can now enjoy the first soft-serve frozen yogurt good enough to be called Baskin-Robbins.

The tasty, all-natural, low-fat and non-fat yogurt desserts have debuted at the Lemon Grove Baskin-Robbins store located at 7963 Broadway, next door to the Pizza Hut.

After years of extensive research, Baskin-Robbins' "Flavor Chefs" have created a whole new line of great-tasting frozen low-fat yogurt flavors such as: cheesecake, kahlua, peanut butter, coconut, chocolate, apple cinnamon, raspberry, jamoca, strawberry, mandarin orange, and white chocolate—with many more in the works.

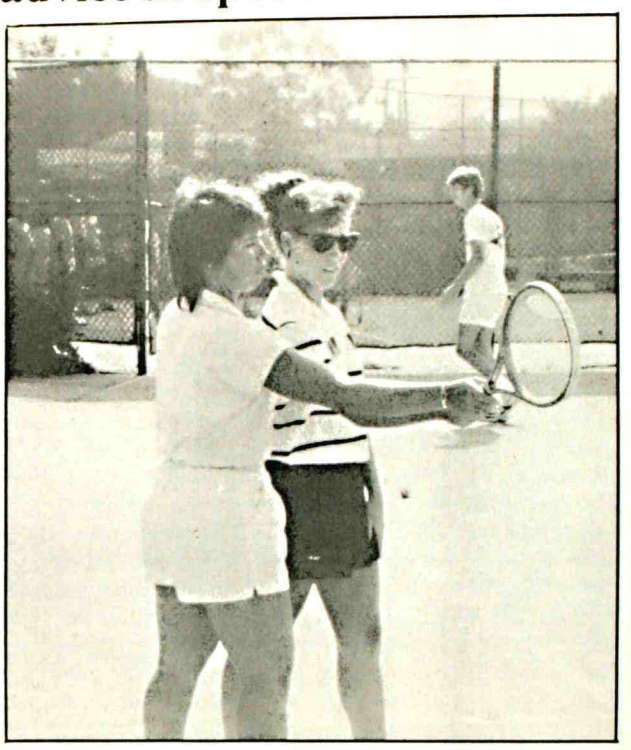
The non-fat frozen yogurt is available in jamoca, strawberry, banana, kahlua, chocolate mint, chocolate, peach, and more. Baskin-Robbins customers can create their own frozen yogurt combinations with delicious toppings.

Some of the toppings to choose from include peanut butter cups, raisins, bananas, mixed berries, snickers, chocolate chips, heath bar, butterfingers, oreo cookies, fresh fruit, as well as the old standards.

"Baskin-Robbins frozen yogurt has been a long time coming, but after one taste we're sure you'll agree it was worth the wait," says Hutchinson. "Customers love it. The frozen yogurt has been in the store for only a couple of weeks and we haven't even advertised it yet and it is already a good percentage of our business."

Baskin-Robbins frozen yogurt is a naturally healthy treat. A one-ounce serving of vanilla low-fat frozen yogurt is high in protein, low in carbohydrates, fat and sodium and contains only 31 calories. Non-fat frozen yogurt contains 25 calories.

Guzman receives professional advice at special tennis clinic



Monte Vista High's Tania Guzman (right) is one of 100 local high school students that participated in a special tennis clinic conducted by women's professional tennis star Rosie Casals at the recent Great American Bank Tennis Class.

The former Wimbledon champion shows Guzman how a winning forehand should look.

Local Youth Has Space Experience At U.S. Space Camp in Huntsville

Lindy Bradford of Lemon Grove, trained for a space adventure and explored the future of scientific exploration at U.S. Space Camp in Huntsville, Alabama.

Space Camp trainees use the nation's only full-scale Space Shuttle exhibit to get a better understanding of how the shuttle really works. Then they use the camp's realistic mission control and Space Shuttle orbiter mock-ups for training, and for two simulated space missions that highlight the five-day program for youngsters in the fourth through sixth grades.

They also don specially designed spacesuits and climb aboard Space Camp's new Special Propulsion, Operations, and Tracking (S.P.O.T.) vehicle for a moonwalk in honor of the 20th anniversary of the Apollo 11 moon mission.

At NASA's nearby Marshall Space Flight Center, trainees watch as engineers and scientists design and build prototypes of the 1990's Space Station Freedom. They learn the history of the space program by touring the Space Center's Rocket Park, the most comprehensive collection of manned space-flight rockets on Earth.

For additional information about U.S. Space Camp programs, call 1-800-63 SPACE.

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Sports Commentary

By John E. Wirges

Chargers' head coach Dan Henning has just 12 days to cut his 80-man roster down to 60 players. It should be an easy task.

There is no shortage of mediocrity in the Chargers' depth chart. There is however, a decided lack of talent.

Henning took over a losing team (6-10 last year) troubled by gaps in the offensive line, less than journeyman quality at quarterback, lack of depth at linebacker and corner back and a crowd lined up to test for the single running back position in the planned Charger scheme of offensive operations.

Henning is setting up for an offense that is based on a multiple pass option with up to 4 wide receivers and a single, hard-nosed, grind it out, and block like hell, running back.

To support his offensive scheme. Henning, himself a former Charger quarterback who should remember how difficult it is to make an offensive move without all the parts, has a leaky front line, less than successful journeyman or a rookie quarterback, and 7 guys tied for the running back berth.

That ol' football mentor, Al Couppee delights in remembering what it was like to play in the hard-nosed, black and blue days of the NFL following the flood of competition just after the end of World War II.

"That was football," remembers Al, whenever the topic comes up. He played for the Chicago Bears and the Washington Redskins and spent 4 war years in the South Pacific as an Naval Aviation maintenance officer after earning All-American honors as one of the ironmen at Iowa.

A lifetime of football involvement provided him with this basic philosophy. "Any team that expects to improve by playing rookies, is a bad team," is the way he puts it.

It just happens that Henning may have to start a rookie at center (Chargers first 2nd round pick Courtney Hall), a rookie at quarterback (second 2nd round pick Billy Joe Tolliver) and a rookie at running back (7th round pick Marion Butts).

Hall, 6-2, 269 lbs., can play either guard or center and would certainly help shore up the Chargers' offensive line. A couple more like him would help even more.

Billy Joe Tolliver has size (6-1, 218) and the arm to fire long and reach speed– burning wide receivers like Tony Miller, Jamie Holland and Quinn Early. With experience, he may even learn to "read" defenses and pick opponents apart. He has enough poise and chutzpah to think he can do the job. Maybe, with time, he can do the job. Maybe, with time, he can.

At 6-1, 248, Butts has the linebacker size to protect the quarterback and the sheer muscle power to drive up the middle for hard yards in 3rd and short situations. Butts averaged 5 yards a carry in 12 trys against Dallas for about the only plus among Charger running backs.

On the other side of the line, the Chargers drafted well to "beef up" an already fearsome front line. Drafting and signing aren't the same thing however, but in due course, 1st round draft pick Burt Grossman will help turn the "fearsome" into "awesome."

Overall, playing 3 rookies in a one back offense is asking too much. Better use 2 backs and keep the quarterback alive until he learns the game. That would be next year, at the soonest.

For this year, it looks as if the Chargers will be serious contenders for next year's first pick in the collegiate draft.

Lemon Grove resident, Jeannie Tyson, to participate in amputee golf tournament

Less than one year ago Jeannie Tyson's life took a turn that she had never counted on. A motorcycle accident cost Tyson her left leg, but the incident has not cost her the love of life that she has always embraced.

Just nine months after the accident, in November of last year, Tyson, 29, of Lemon Grove, is back playing golf, a sport she has loved since high school.

And with the new prosthesis, fitted to replace the leg she lost in the accident, she will be playing in the 41st annual ENDOLITE/NAGA (National Amputee Golf Association) Golf Championship to be held August 22-24 at Singing Hills Country Club in El Cajon.

"I believe that no matter when it was to happen, it was meant to be. Everything just fell into place. The life-flight had been refueled earlier that morning, the ambulance was nearby, and if I had been walking or in a car or anywhere else, it was meant to be," said Tyson philosophically.

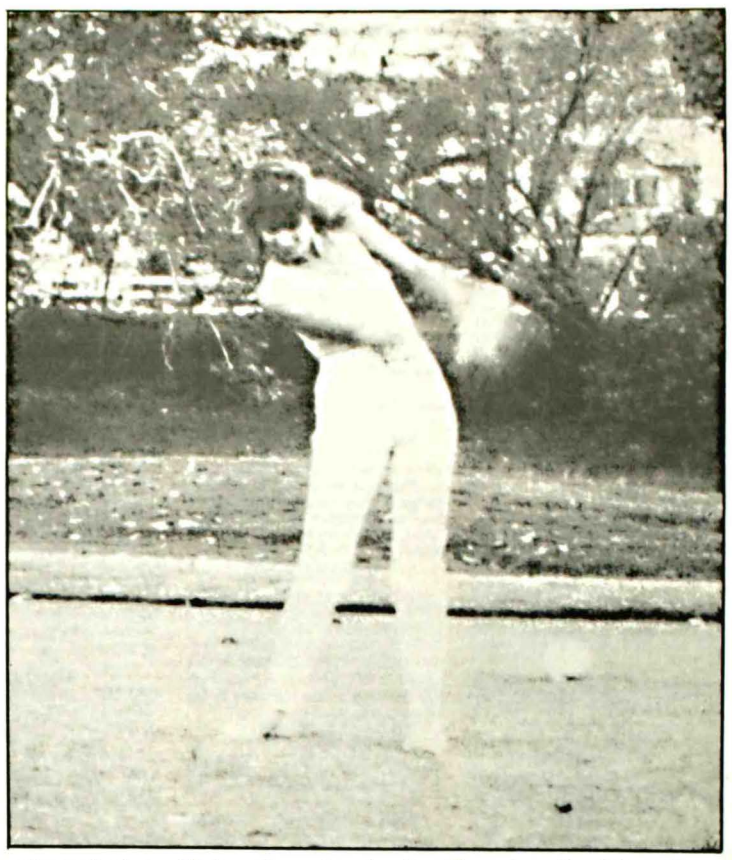
She immediately became active after the accident and started dancing, playing golf, and socializing with her friends.

"I never sat in bed and felt sorry for myself. Five days after I received my first prosthesis at R.G.P. Orthopedic Appliance, in San Diego, I went out dancing," she said.

The ENDOLITE/NAGA Golf Championship is her first golf tournament. The largest number of entrants in NAGA's history have entered this year's event. There are 2.2 million amputees in the U.S. and that number grows by 170,000 annually. More than 80 percent are lower extremity amputees like Jeanne Tyson.

Golf has become an increasingly popular sport among amputees due to new technologies and space age materials used in crafting lightweight, high-tech prosthetics that enable the wearer to use far less energy.

Tyson is a good example of those benefiting from this technology. "It is helpful to be around people who have fun and enjoy the sport. Golf is therapeutic and has been helpful in my recovery," said Tyson.



Tyson, originally from Michigan, has been playing golf since the early 1970's. Between 1980-84, she served in the U.S. Navy as a Yeoman on the U.S.S. Samuel Gompers. She was also among the first group of women to board the Western Pacific Fleet in 1979. This brought her to San Diego and she "fell in love." After her enlisted time in the Navy, she began working for the civil service division as a drug and alcohol rehabilitation counselor.

Other challenges have faced Tyson over the past nine years. Through a twelve-step program she has met many supportive friends who have helped her deal with the loss of her leg. From her enthusiasm and love of life, it is evident that Jeannie Tyson will have success in facing all challenges that lie ahead.

The tournament kicks off Sunday, August 20th from noon to 4:30 p.m. with a free instructional golf clinic. The clinic is open to any physically challenged person and is not limited to amputees.

In addition to Singing Hills pros, golf instructors will include John Klein, former Singing Hills pro and head golf coach at San Diego State University; Bob Wilson, president of NAGA; and Paul Bumann, the Clown Prince of Golf. Bumann, who represents the Tommy Armour Golf Company, will put on a trick shot exhibition at 4:30 p.m. which is open to the general public.

Clinic participants will learn basic golf techniques such as proper grip and stance, how to address the ball, swing and follow through. Some 200 upper and lower extremity amputees from across the U.S. will participate in the week-long event. Tournament sponsor is a.f.i. ENDOLITE, the North American distributor of ENDOLITE, a division of Chas. Blatchford & Sons, Ltd., of England, which is known for its research, development and manufacture of state-of-the-art prosthetic componentry.

Four local prosthetic firms, North County Orthotics and Prosthetics (NCOP) and RGP, are supporting sponsors of the event.

For more information or reservations, call Singing Hills Pro Shop at 442-3425.

KSON Flatbed Band foot-stomping climax to concert series





Photos by Bonnie Cashmere

PUBLIC NOTICES

H 044562
NOTICE OF TRUSTEE'S SALE
T. S. No. 89-9352
IMPORTANT NOTICE TO PROPERTY OWNER:
YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED MARCH 22, 1985, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On August 24, 1989, at 11:00 A.M. San Diego Foreclosure Services, Inc. as duly appointed trustee under and pursuant to Deed of Trust recorded April 19, 1985, as inst. no. 85-135906, in Book 1985 of Official Records, in the office of the County Recorders of San Diego County, State of California executed by Kenneth R. Anderson and Monika S. Anderson WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at the front entrance to 3737 Camino Del Rio South of the Mission Valley Corporate Center, San Diego, Ca 92108 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

Lot 494 of San Altos Terrace Unit No. 3 according to Map thereof No. 3982 filed in the office of the County Recorder of San Diego County, October 7, 1958.

The street address and other common designation, if any, of the real property described above is purported to be: 1482 San Altos Place, Lemon Grove, CA.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust, to-wit: $7,600.00 with interest thereon from January 22, 1989 @ 14% per annum as provided in said note(s) plus costs and any advances of $724.50 with interest as of first date of publication.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

San Diego Foreclosure Services, Inc.
3737 Camino Del Rio South, Suite 207
San Diego, CA 92108
(619) 284-9221
By: Sally R. Clark
President
Authorized Signature
Date: July 25, 1989
Aug. 3, 10, 17, 1989
Lemon Grove Review

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 18321
The Name of the Business:
METRO TOWING
located at: 9190 Clairemont Mesa Blvd. in: San Diego, 92123 is hereby registered by the following owner:
A TO Z ENTERPRISES, INC.
A California Corporation
This business is conducted by: a Corporation.
The registrant commenced the transaction of business on: August 1, 1989.
Signature of Registrant:
ANNIS E. WINETEER
Annis E. Wineteer, Sec., Treas.
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on August 8, 1989.
Lemon Grove Review
August 10, 17, 24 & 31, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 18319
The Name of the Business:
A TO Z METRO TOWING
located at: 9190 Clairemont Mesa Blvd. in: San Diego, 92123 is hereby registered by the following owner:
A TO Z ENTERPRISES, INC.
A California Corporation
This business is conducted by: a Corporation.
The registrant commenced the transaction of business on: August 1, 1989.
Signature of Registrant:
ANNIS E. WINETEER
Annis E. Wineteer, Sec., Treas.
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on August 8, 1989.
Lemon Grove Review
August 10, 17, 24 & 31, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 18320
The Name of the Business:
METROPOLITAN TOWING
located at: 9190 Clairemont Mesa Blvd. in: San Diego, 92123 is hereby registered by the following owner:
A TO Z ENTERPRISES, INC.
A California Corporation
This business is conducted by: a Corporation.
The registrant commenced the transaction of business on: August 1, 1989.
Signature of Registrant:
ANNIS E. WINETEER
Annis E. Wineteer, Sec., Treas.
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on August 8, 1989.
Lemon Grove Review
August 10, 17, 24 & 31, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 17745
The Name of the Business:
GOLDEN STAR DRYWALL
located at: P.O. Box 1674 in Bonita, CA 92002-0923 is hereby registered by the following owners:
MICHAEL ALTINGER
3031 Plaza Lorenzo
Bonita, CA 92002
and
JOSE GILBERT CHAVEZ
833 Tamayo Drive, #2
Chula Vista, CA 92010
and
JOSEPH WM. LOESCHNIG
1172 Melrose Ave.
Chula Vista, CA 92011
This business is conducted by: a General Partnership.
The registrant commenced the transaction of business on: N/A.
Signature of Registrant:
MICHAEL ALTINGER
Michael Altinger
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on August 1, 1989.
Lemon Grove Review
August 3, 10, 17 & 24 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 17743
The Name of the Business:
GOLDEN STAR DEVELOPMENT
located at: P.O. Box 1674 in Bonita, CA 92002-0923 is hereby registered by the following owners:
MICHAEL ALTINGER
3031 Plaza Lorenzo
Bonita, CA 92002
and
JOSEPH WILLIAM LOESCHNIG
1172 Melrose Ave.
Chula Vista, CA 92011
and
KENNETH B. MILLER
5517 Stream view Drive
San Diego, CA 92105
and
JOSE GILBERT CHAVEZ
833 Tamayo Drive, #2
Chula Vista, CA 92010
This business is conducted by: a General Partnership.
The registrant commenced the transaction of business on: N/A.
Signature of Registrant:
MICHAEL ALTINGER
Michael Altinger
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on August 1, 1989.
Lemon Grove Review
August 3, 10, 17 & 24 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 17744
The Name of the Business:
WAYCO'S CONSTRUCTION
located at: 660 H St. in C.V., CA 92010 is hereby registered by the following owners:
CLAYTON R. PINNEY
2131 E. First St.
National City, CA 92050
This business is conducted by: an Individual.
The registrant commenced the transaction of business on: N/A.
Signature of Registrant:
CLAYTON R. PINNEY
Clayton R. Pinney
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on August 1, 1989.
Lemon Grove Review
August 3, 10, 17 & 24 1989

LIEN SALE
1982 NISS 4 DR BAJA PLATES AHN845
VIN NO. 5LB1102472
No Known Owners
To be sold on Sept. 1st, 1989 at 7 a.m. at A to Z Towing, 123 35th St., San Diego, CA 92102. Phone (619) 233-9373. Brad Ramsey.
Lemon Grove Review
August 17, 1989

LIEN SALE
1977 CAD CP CA PLATES 2NFY320
VIN NO. 6D47F7Q241572
Reg. Owner:
Samuel Jerome Secrest
4832 Logan Ave. Apt. 205
San Diego, CA 92113
To be sold on Aug. 25th, 1989 at 7 a.m. at A to Z Towing, 123 35th St., San Diego, CA 92102. Phone (619) 233-9373. Brad Ramsey.
Lemon Grove Review
August 17, 1989

LIEN SALE
1982 CHEV PU CA PLATES 3C99804
VIN NO. 1GCBS14B3C8131613
Reg. Owner:
Mark H. Klein
145 Mozart
Cardiff, CA 92007
To be sold on Sept. 1st, 1989 at 7 a.m. at A to Z Towing, 123 35th St., San Diego, CA 92102. Phone (619) 233-9373. Brad Ramsey.
Lemon Grove Review
August 17, 1989

LIEN SALE
1982 CHEV CP CA PLATES 1FOG980
VIN NO. 1G1AD69GOCC143506
Reg. Owner:
Rocky L. Maynard
4487 Central Ave.
San Diego, CA 92116
Leg. Owner:
Calif. Thrift/Ln
PO Bx. 717
El Cajon, CA
Int. Party:
Jeffrey Orsieitas
1916 K St.
National City, CA 92050
To be sold on Sept. 1st, 1989 at 7 a.m. at A to Z Towing, 123 35th St., San Diego, CA 92102. Phone (619) 233-9373. Brad Ramsey.
Lemon Grove Review
August 17, 1989

LIEN SALE
1979 PONT CP CA PLATES 083WEO
VIN NO. 2K37H9P521766
Reg. Owner:
Beauford Earl McCowan
141 Daisy Ave. Apt. #A
Imperial Beach, CA 92032
To be sold on Sept. 1st, 1989 at 7 a.m. at A to Z Towing, 123 35th St., San Diego, CA 92102. Phone (619) 233-9373. Brad Ramsey.
Lemon Grove Review
August 17, 1989

143639
Trustee Sale No. 89-0707
ALT Loan No. 07-88-80353
County: SAN DIEGO
NOTICE OF TRUSTEE'S SALE
YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED AUGUST 28, 1986, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On SEPTEMBER 14, 1989, at 12:30 P.M., PROFESSIONAL FORECLOSURE CORPORATION as duly appointed Trustee under and pursuant to Deed of Trust, executed by JOHN M. PEMBLE AND AUDREY J. PEMBLE, HUSBAND AND WIFE AS JOINT TENANTS, as Trustor(s) recorded SEPTEMBER 22, 1986, as Inst. No. 88-416783 in book 838, page - - of Official Records in the office of the County Recorder of SAN DIEGO County, CALIFORNIA

WILL SELL AT PUBLIC AUTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK OR CERTIFIED CHECK, (payable at time of sale in lawful money of the United States, payable to Professional Foreclosure Corporation) AT THE MAIN ENTRANCE TO THE CITY HALL, 704 THIRD ST., OCEANSIDE, CA all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

PARCEL A:
PARCEL 1, IN THE CITY OF LEMON GROVE, COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, AS SHOWN AT PAGE 11313 OF PARCEL MAPS, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, MAY 21, 1981.

PARCEL B:
AN EASEMENT FOR ROAD AND PUBLIC UTILITY PURPOSES OVER, UNDER, ALONG AND ACROSS THOSE PORTIONS OF PARCELS 2, 3 AND 4, IN THE CITY OF LEMON GROVE, COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, AS SHOWN AT PAGE 11313 OF PARCEL MAPS, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, MAY 21, 1981, WHICH ARE DELINEATED AT SAID PAGE 11313 OF PARCEL MAPS, AS "PROPOSED 20' WIDE PRIVATE ROAD EASEMENT".

The street address and other common designation, if any, of the real property described above is purported to be: 8046-8048 SARAWAK DRIVE, LEMON GROVE, CA 92045.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied regarding title, possession, or encumbrances, to pay the unpaid balance of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of th Trustee and of the trusts created by said Deed of Trust.

The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the inital publication of the Notice of Trustee's Sale is $128,888.48.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

DATE: July 24, 1989
PROFESSIONAL FORECLOSURE CORPORATION, as Trustee
Helen H. Yun
HELEN H. YUN, AUTHORIZED SIGNATURE
2755 Bristol Street, Suite 250
Costa Mesa, California 92626
(714) 662-1526
PARTY CONDUCTING SALE:
CALIFORNIA POSTING & PUBLISHING CO.
P.O. Box 791
Pasadena, California 91102
(213) 681-4546
Lemon Grove Review
August 10, 17 & 24, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 89 18468
The Name of the Business:
EL CAJON PAPER PROMOTERS
located at: 3088 Euclid Ave. in San Diego, CA 92105 is hereby registered by the following owners:
DONALD E. COLEMAN
7315 Central Ave.
Lemon Grove, CA
This business is conducted by: an Individual.
The registrant commenced the transaction of business on: N/A.
Signature of Registrant:
DONALD E. COLEMAN
Donald E. Coleman
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on August 9, 1989.
Lemon Grove Review
August 17, 24, 31 & Sept. 7, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File Nos. 89 18848 & 89 18847
The Name of the Businesses:
HOUSE WATCH
PARAGON ENTERPRISES
located at: 1659 Larwood Rd. in Lemon Grove, CA 92045 is hereby registered by the following owners:
JOYCE MARASCIULLO
1659 Larwood Rd.
Lemon Grove, CA 92045
and
JULES MARASCIULLO
1659 Larwood Rd.
Lemon Grove, CA 92045
This business is conducted by: Individuals — Husband and Wife.
The registrant commenced the transacuon of business on: N/A.
Signature of Registrant:
JOYCE MARASCIULLO
Joyce Marasciullo
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on August 15, 1989.
Lemon Grove Review
August 17, 24, 31 & Sept. 7, 1989

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File Nos. 89 18690 & 89 18847
The Name of the Business:
PURRFECT "10" SALON OF BEAUTY
located at: 1730 Alpine Blvd., Suite 205 in Alpine, CA 92001 is hereby registered by the following owners:
THERESE SNIDER RENDT
2087 Berry St.
Lemon Grove, CA 92045
and
SHELLEY S. PILAND
6995 Central Ave.
Lemon Grove, CA 92045
This business is conducted by: Co-Partners.
The registrant commenced the transaction of business on: N/A.
Signature of Registrant:
THERESE SNIDER-RENDT
Therese Snider-Rendt
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on August 14, 1989.
Lemon Grove Review
August 17, 24, 31 & Sept. 7, 1989

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES
To Whom It May Concern:
Anthony J. CONFORTE is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at 3315 Buena Vista, Lemon Grove 92045 with On-Sale Beer license.
H44759
Lemon Grove Review
August 17, 24 & 31, 1989

NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES
To Whom It May Concern:
SAN DIEGO PIZZA NUMBER ONE, INC. is applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at 7080 Broadway, Lemon Grove 92045 with On-Sale Beer and Wine Bona Fide Public Eating Place license.
H44758
Lemon Grove Review
August 17, 24 & 31, 1989

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
New Assigned File No. 89 18689
In reference to the actvity doing business at:
PURRFECT "10"
Located At: 1730 Alpine Blvd., Ste. 205, Alpine, CA 92001.
The following registrants have abandoned use of the fictuious business name:
THERESE SNIDER
2087 Berry St.
Lemon Grove, CA 92045
and
SALLY L. JONES
2087 Berry St.
Lemon Grove, CA 92045
The fictitious business name referred to above was filed in San Diego County on Junee 22, 1987, and was assigned File No. 87 13315.
Signature of registrant:
THERESE SNIDER
Therese Snider
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on August 14, 1989.
Lemon Grove Review
August 17, 24, 31 & Sept. 7, 1989

NOTICE OF FILING NEGATIVE DECLARATION
Draft Negative Declaration of Environmental Impact have been filed by the City of Lemon Grove for the following projects:

89-ND-17 - Conditional Use Permit CUP89-13 to authorize the establishment of a 546 square foot automobile rental business office within an existing commercial building. The subject property is located on the southeast side of the 6800 block of Federal Blvd., a portion of Lot 19, Map No. 2963, Sonka Urban Heights, Unit No. 4. Applicant: Reserve Rent-A-Car.

Initial studies which have been prepared for the above projects are available for public review in the Office of the Community Development Department, 3232 Main Street, Lemon Grove, California 92045.

Written comments regarding the adequacy of these Negative Declarations must be submitted to the City of Lemon Grove Community Development Department, 3232 Main Street, Lemon Grove, California within ten (10) days of the publication of this Notice.

James R. Butler
JAMES R. BUTLER
COMMUNITY DEVELOPMENT DIRECTOR
Lemon Grove Review
August 17, 1989

WANTED

Advertising Sales Reps

Experienced or just plain willing to learn. Full-time or Part-time. Ideal for retirees, college students, or homemakers who want to set their own schedules. If you have a pleasant personality and the desire, we'll train you to be successful. Several open territories–apply now and you may choose where you want to work. Call 469-0101 for more information.

Forum Publications, Inc.
The La Mesa Forum
Lemon Grove Review/
Spring Valley Bulletin
The Santee Forum

7834 Lester Avenue
Lemon Grove, CA
92045

Fictitious Business Names

BY MAIL!

Now you can renew your Fictitious Business Name Statement (or file a new one) without interrupting your busy day. The *Lemon Grove Review* and the *Spring Valley Bulletin* will mail you the forms to complete at your convenience, and you can complete the process by returning the forms by mail or in person.

Call 469-0101 to have forms sent to you. Remember, you must renew your Fictitious Business Name every five years.

DON'T MISS

TWO SPECIAL ADVERTISING OPPORTUNITIES TO ATTRACT ADDITIONAL CUSTOMERS:

9/14 Special Issue of the *Spring Valley Bulletin* featuring the Flag Day Parade and Santa Sophia Fall Festival. Deadline 9/8. Call about our unbeatable rates! (469-0101)

10/5 Special Issue of the *La Mesa Forum* for La Mesa's Oktoberfest. Deadline is 9/29. Special rates and greater circulation. Call 469-0101 for more information.

SERVICE DIRECTORY

Accounting

THE TAX BYTE
1138 Broadway, Ste. 202
El Cajon, CA 92021
Guy Hill • 442-2983
Accounting • Bookkeeping • Individual, Partnership, Corporate Income Taxes • Consulting

Automotive Repairs

Guaranteed Brake & Muffler
"Our name says it all.."
7319 Broadway
Lemon Grove
469-8827

Catering

Top Hat Catering
7810 Broadway
Lemon Grove
469-8889

Cleaning

Dutch Cleaners
7870 Broadway
Lemon Grove
466-4146

Disposal

EDCO DISPOSAL



COMMERCIAL
INDUSTRIAL
RESIDENTIAL
TEMPORARY BIN
6670 Federal Blvd.
Lemon Grove
287-4230

Insurance

Allstate®
Charlie Roberts
Ronn Hall
2615 Sweetwater Springs Boulevard
Suite G
Spring Valley, CA
92078
670-8232

Lawn Mower Repairs

Ivan's Lawn Mower Repair
433 G Sweetwater Rd.
Spring Valley
267-5660

Motels

NATIONAL **INN 9**
Quality lodging at reasonable rates
★ 62 modern units
★ Free cable & HBO
★ Complete Kitchens
★ Day-Week-Month
A good place for friends & family while in town.
8429 Broadway
Lemon Grove
463-9353

Pet Stores

LEMON GROVE PETS
Our customers count
7969 Broadway
Lemon Grove
460-1963

Piano Tuning

Liddell's Quality Piano Tuning & Service



Lawrence S. Liddell
461-7929

Printing

Letter-Kraft Printing
3135 Lemon Grove Ave.
Lemon Grove
463-6601

Realtors

Eva Berry
Century 21/Pearce Realty
7779 Broadway
Lemon Grove • 463-6625

Cookie Ringhand
Pro Consultants Partners
7863 La Mesa Blvd.
La Mesa • 466-7993

Elvor Christopherson
Swedish Cowgirl Realty
3260 Main St.
Lemon Grove • 697-8312

Shoe Repair

Lee's Shoe Repair
9731 1/2 Campo Rd.
Spring Valley
464-9807

Stationers

Marder's Stationers
7939 Broadway
Lemon Grove
469-4386

Storage

Records, Personal, and Inventory
U-HAUL Rentals
LEMON GROVE SELF STORAGE
(619) 469-6166

Travel

Lemon Grove's
ONLY
Travel Agency
Pa-Lantic
Travel Service
7735 Pacific Ave.
Lemon Grove
466-9999

Horizon Travel
6529 University Ave.
San Diego, CA 92115
287-8880

Casa de Oro Travel
9768 Campo Rd.
Spring Valley, CA 92077
461-8222

Video Taping Weddings

Memories On Video
Wayne R. Buttron
460-0461

Writing Services

Pat Burnett-Melega
P.O. Box 2599
Spring Valley
589-7737

Your Ad Can Reach Over 10,000 Readers
By Advertising in the Service Directory:

4 Weeks – $36.00 **13 Weeks – $96.00** **52 Weeks – $300.00**

Call 469-0101 for more information
or to place your ad.

CLASSIFIED

announcements

RETIREES - Are you interested in service club activities?? Do you enjoy community service?? Do you seek fellowship of other men with your interests and background?? If so, you are invited to attend the weekly Golden "K" Kiwanis Club meeting in La Mesa, 8070 Orange Ave., 9:00-10:30, each Monday morning. Come in and introduce yourself!

automobiles

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PHOTOGRAPHERS, FREELANCE. Small weeklies in East County need your assistance. Call 469-0101.

ATTENTION - HIRING! Government jobs - your area. $17,840 - $69,485. Call 1-602-838-8885. Ext. R3020.

EARN MONEY typing at home. $30,000/year income potential. Details 1-805-687-6000 ext. B-1285

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EARN $10.00 A MONTH per store for approximately 40 minutes of work. We are a toy manufacturer looking for an inventory representative to arrange, count and restock our toys in your local Toys R Us store. Interested people write to Dorothy Currie, Amav Industries Ltd., 2345 Lapierre St., LaSalle, Quebec H8N 1B7.

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ATTENTION: EARN MONEY READING BOOKS! $32,000/year income potential. Details. 1-602-838-8885 Ext. Bk 3020.

WRITERS, FREELANCE. Weeklies in East County need community news and features. Call 469-0101 for more information.

lessons

PIANO AND ORGAN lessons my home. All ages, beginner to advanced. 30 years teaching experience. Call Nadine. 465-0135

personals

BUDDIES WANTED - Single person in 30's, without kids, seeks others like her as hiking, biking or other outdoor activity buddies. Call Laurie at 440-4483.

real estate

WANTED - LEMON GROVE home, Call Jerry 466-9999, Principals only.

WE WILL SELL YOUR HOME for $2950. Call HELP-U-SELL Lemon Grove, A Full Service Real Estate Company. 464-0200

GOVERNMENT HOMES from $1.00. U Repair. Also tax delinquent properties. Call 805-644-9533, Ext. 1089 for current repo list.

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LA MESA OFFICE - 10x10. For rent $150 a month. Additional space avail. Call 697-6868.

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LEMON GROVE - Studio cottage; all utilities paid, lrg. closet; separate kitchen, light, airy, private. $350 a month. 543-2072 8-4 p.m. 463-7149 after 5 p.m.

LA MESA 1-2 BR, $410-$485. Electric paid, pool, appliances, laundry, cat OK. Agent/223-2425.

for sale

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Volunteers give their time to the dying

by Stephanie Shipley

When La Mesa resident Helen Malone mentions her volunteer work to her friends, many of them say, "I don't want to talk about that. It's too depressing."

"Not true," says Helen. "These are upbeat, wonderful people. They have given me much more than I have given them."

Ron Falldorf agrees. "No one in this organization is walking around in black robes with his chin on the floor. Everyone has a warm, outreaching, glowing attitude."

Helen and Ron are both volunteers for San Diego Hospice. They give three to four hours a week caring for people who are terminally ill: listening to their hopes and fears, reading or watching T.V. with them, easing their families' stress, crying with them in their bereavement.

Patients want and need to die at home, according to Kay Askew, coordinator for the new Grossmont Hospice which will begin operating in October. "They want their loved ones and their pets with them. They want to have control over when they eat and sleep, and they want to look out their own window and see the birds in their garden."

Volunteers like Helen and Ron help to make this possible for many terminally ill patients who would otherwise have to spend their last days in a hospital. They are part of a team effort which includes the patient's doctor, nurse and social worker and may include a home health aide, a homemaker, a chaplain, and a bereavement coordinator, as well as a volunteer.

The volunteers receive extensive training before a patient is assigned to them. "One of the most important things we learn," says Ron, "is how to listen. We let the patient take the lead. It's not up to me to make him be a Christian or argue with his politics. My role is to be warm and caring. Sometimes you can communicate by just holding someone's hand."

The 32-hour training lasts for about a month, usually from 6–9 p.m., two evenings a week. Besides the all-important listening and communications skills, volunteers receive in-depth information about pain and symptom control, grief and loss, ethical concerns and other aspects of the dying process and the volunteer's role in them.

One of the most important things a volunteer can do, according to Helen Malone, is to help the family cope with the stresses of caring for a dying patient. "The caregiver can't do it alone for 24 hours a day, constantly having to be there," she says. "Sometimes the patient doesn't even want the volunteer. Their only security is the husband or wife or daughter who is caring for them, and they don't want to be left with a stranger."

Yet Helen is constantly inspired by the courage of patients and families in intolerable circumstances. She tells about a woman with ovarian cancer who taught her 10-year-old to fix her feeding tubes and do most of her daily care, and about another patient, Walter, who faced death courageously and calmly, looking upon every program as a "challenge."

One woman had to cope with her three high-school-age sons and ten-year-old daughter while caring for a husband with multiple sclerosis. "He was on oxygen and feeding tubes, " she says, "and so weak he could barely talk, yet the woman not only dealt with this situation, but did it lovingly."

Volunteers and other Hospice team members continue to work with the bereaved family for at least a year after death occurs. Ron spent last Saturday with a woman whose husband recently died of chronic lung disease and cancer.

"She took me around his garden and showed me a salmon that he caught last year in Canada with her son. She just wanted someone to talk to about him."

Both Ron and Helen feel that death is a natural part of living and not something to be feared. "People are afraid because they don't know what to expect and have been mis-trained," Ron says. "Fifty years ago, when most people died at home, everyone knew about death, but now we see only the sensational aspects that are portrayed in the media."

Does the sight of a dying person who is nothing but skin and gaunt eyes bother them? "I can handle it," says Ron. "You have to take off the cloak of your own life at the door and leave behind your social standards of beauty. The bottom line is, these are people with minds, hearts and emotions. They still need to be loved, and they want to be respected. This is a place where I can really help."

"Our concern is not with death, but with life," says Blair Bloom, coordinator of the San Diego Hospice. "Thanks to people like Ron and Helen, we're providing quality life at the last stages of life."

Both San Diego Hospice and Grossmont Hospice are looking for volunteers. San Diego Hospice particularly needs daytime volunteers and will offer daytime training starting in September. Grossmont Hospice will be starting an evening training on September 13th.

Call Blair Bloom at 560-0302 for information on San Diego Hospice and Kay Askew at 463-9911 for information on the Grossmont Program.

First Baptist plans bake sale

On Friday, August 18, from 8 a.m. to 1 p.m., there will be a bake sale at the First Baptist Church of Lemon Grove, 2910 Main Street.

The proceeds will benefit the Christian Day Care program. The community is invited.

VFW Ladies Auxiliary offers CPR class, wins recognition

Mission Valley Veterans of Foreign Wars Ladies Auxiliary to Post No. 3787 is holding a CPR class on Thursday, September 21st, from 6 p.m. to 10 p.m.

The cost is $12.00, and the deadline for sign-up is August 31, 1989. If you wish to attend, call Celeste Boudnock, at 287-0259, or Auxiliary President Pat Kingsley, 562-6627.

The Auxiliary did very well at the recent California State VFW Convention. First Place citations were presented for the POW-MIA program; publicity program, and 2nd Place for the California Scholarship Program, as well as 3rd Place citations for the VFW-PAC, and Youth Activities Programs.

Evelyn Wright received a citation for being an Outstanding First District Chairman for the Scholarship Program this past year.

President Pat Kingsley thanked all who made it possible.

Monthly used book sale set

A new selection of used, new and near-new books is at the "Friends of the Library" monthly used book sale. The book sale is held the third Saturday of the month, which will be August 19th from 9 a.m. to 4 p.m. at the University Heights Branch Library, 4193 Park Blvd. at Howard.

There are hundreds of paperbacks at $1 each and paperbacks at $.25 each or 5 for $1.

All book sale proceeds support the central and all branch libraries of San Diego.

New student orientation

New students of the largest entering class in the history of the Academy of Our Lady of peace will be welcomed at a Student-Parent Orientation Barbecue August 30.

The mandatory meeting will give students and parents the opportunity to meet the Academy's 1989-1990 Faculty, Staff, A.S.B. Officers, and Event Co-Chairs.

All parents, new and entering students are asked to attend the orientation on Wednesday, August 30, at 5:00 p.m., at the Academy of Our Lady of Peace, 4860 Oregon Street.

For more information, please call 297-2266.

Lion's Club to hold rummage sale

The Lemon Grove Lion's Club will hold a rummage sale on Saturday, August 19, from 8 a.m. to 5 p.m. in the Bank of America parking lot on Lemon Grove Avenue and Central in Lemon Grove. Come early and you will find many unusual treasures. You can help the Lion's help others by helping yourself at the rummage sale.

Recreation Dept. Senior Dances set

The Lemon Grove Recreation Department hosts Senior Dances on the first Sunday of each month from 2–5 p.m. at the Lemon Grove Community Center, 3146 School Lane. The cost is $1.25 per dance, which includes admission, refreshments and a chance to win door prizes. The next dance is set for Sunday, September 3rd. Lou Mercanti's "Crowd Pleasers" will play for your dancing enjoyment.

In The Service

News of our armed forces personnel and their families

Navy Petty Officer 3rd Class **Camilo C. de Castro**, whose wife, **Agnes**, is the daughter of **Alejandro B. Velasco** of 8334 Clearwater Court, Spring Valley, recently received a Letter of Commendation.

He received the citation for his dedication, loyalty and professional skill while stationed with Helicopter Combat Support Squadron-11, Naval Air Station North Island, San Diego.

A 1979 graduate of the University of the East, Manila, Republic of the Philippines, he joined the Navy in December 1985.

Pvt. David **C.M. Gilmer** has completed basic training at Fort Jackson, S.C.

Gilmer is the son of **John F. and JoAnne D. Gilmer** of 1517 Koe St., Lemon Grove.

The soldier is a 1988 graduate of Mt. Miguel High School, Spring Valley.

Navy Fireman Recruit **Luisito A. Lirio**, son of **Virgilio and Pelagia B. Lirio** of 894 Troy St., Spring Valley, has completed recruit training at Recruit Training command, San Diego.

He joined the Navy in March 1989.

Worship Directory

LEMON GROVE LUTHERAN CHURCH
Corner Skyline & Alton Drive
Edward J. Volkmann, Pastor
Telephone: 465-7301
Worship 9:00 a.m. Sunday School 10:15 a.m.

Attend This Church or Another Good Church
TRINITY BAPTIST CHURCH
8487 Paradise Valley Rd., Spring Valley
GEORGE W. PANNEL, PASTOR
Telephone: 479-0378

THE POTTER'S HOUSE CHRISTIAN FELLOWSHIP
123 Worthington Street, Spring Valley
Alpheus Fisher, Pastor 479-1460
Sunday Worship: 11 a.m., 6:30 p.m.
Sunday School: 10 a.m. Sun., 7:30 p.m. Wed.

Vista La Mesa Christian Church
4210 Massachusetts Avenue, La Mesa, CA 92041
Donald E Dewey, Pastor 463-9909
Sunday School for All Ages 9:00 a.m.
Sunday Worship Service 10:30 a.m.

LEMON GROVE CONGREGATIONAL UNITED CHURCH OF CHRIST
2770 Glebe Road • Lemon Grove
Edward & Joan Pettis, Co-Pastors
Sunday Worship & Church School 10:15 a.m.

FIRST BAPTIST CHURCH OF LEMON GROVE
2910 Main Street P.O. Box 236
Jeff Lettow, Pastor Phone: 460-4811
Sunday Bible School 9:30 a.m.
Sunday Worship Services 10:50 a.m., 6:30 p.m.
Wednesday Bible Study and Prayer 6:30 p.m.



THE CHRISTIAN CHURCH
of Lemon Grove
6970 San Miguel Avenue
465-1888
TOM WEST – Minister
DEAN GAMBILL – Youth
BIBLE SCHOOL and WORSHIP 8:15, 9:15 &10:30
SUNDAY EVENING-THE 5:30 GOOD NEWS.
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Your church could be in the Worship Directory.
Call 469-0101 for rates and other information.